

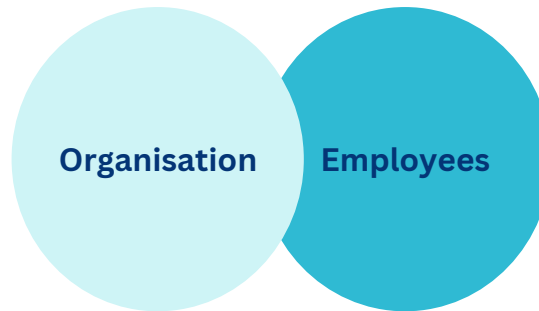
PARENTAL LEAVE TRANSITION PROGRAM



An exciting opportunity to be recognised as an employer of choice, and support your employees to thrive, during what can be a challenging transition.

Benefits for your organisation:

- Create a family-friendly work environment & improve employee engagement
- Attract and retain employees and improve diversity & inclusion
- Promote a progressive and supportive workplace culture
- Support employee wellbeing



Benefits for your employees:

- One to one coaching to support a smooth transition back to work
- Feeling supported and valued by their employer
- Learning strategies to thrive at both work and in life
- Guidance and support from a career specialist

PROGRAM DESCRIPTION

The Parental Leave Transition Program has been designed to provide important support to individuals who are preparing for parental leave, and returning to work after taking time out to care for children, to help them achieve a smooth and successful transition.

PROGRAM CONTENT

- Planning and preparing for parental leave
- Returning to work - understanding your unique story
- Managing balanced work and life roles
- Managing a successful transition back to work & navigating changes at home
- Self-care and maintaining a positive self-image



1:1 Coaching



Support Resources



Career Guidance

For further information, please contact Natalie Moloney - At the Helm Career Services:

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